

## CREATING ADDITIONAL QUESTIONS

Schools can add up to 15 questions of their own choosing to the INYS. Suggestions for topics include nutrition and wellness, sexual health behaviors, dating violence, mental health, and traffic safety issues.

- You can create questions on any topic of interest to your school.
- Your additional questions may include up to 8 response options (must mark only one response).
- Use this [template](#) to create your additional questions forms.
- You will need to keep a record of your additional questions. Your school corporation report will not contain the text of the questions or response options; it will only provide the percentage of students selecting response option A, B, C, etc. for each additional question item.

### Questions from National Surveys

Listed below are links to existing surveys that contain questions on a variety of topics. By using questions from these surveys, you can be more confident in the quality of the questions and in some cases will have state or national norms against which you can compare your local results. Select your topic of interest and follow the row related to that topic. Question numbers are listed for each question related to that topic on the survey. To view the actual survey in order to use their question(s), click on the survey link at the top of the column.

Topic	Source	Page number	Question Numbers
Nutrition, Exercise, and Wellness (including obesity)	<a href="#">YRBS 2015</a>	p. 16-20	#71-90
Safety	<a href="#">YRBS 2015</a>	p. 4	#8-12
Violent Behaviors, Interpersonal Violence, and Bullying	<a href="#">YRBS 2015</a>	p. 5-7	#13-25
Sexual Behavior	<a href="#">YRBS 2015</a>	p. 14-16	#62-70
Mental Health (depression, suicide, support group)	<a href="#">YRBS 2015</a> <a href="#">CTC 2014</a> <a href="#">NSDUH 2013</a>	YRBS p. 7-8 CTC p.23 NSDUH p.332	YRBS #26-30 NSDUH #YE22, #YE23b
Community Factors	<a href="#">CTC 2014</a> <a href="#">NSDUH 2013</a>	p. 3-6 p. 332-334	#YE23c,g,o, #YE24a,b,c, #YE25

Family Factors	<a href="#">CTC 2014</a> <a href="#">NHSTA Underage Drinking</a> <a href="#">NOMS 2008</a>	p. 7-11 p. xiv p.7	NHSTA #11-12 NOMs #11
School Factors	<a href="#">CTC 2014</a>	p.11-13	
Peer/Individual Factors	<a href="#">CTC 2014</a> <a href="#">NSDUH 2013</a> <a href="#">NHSTA Underage Drinking</a>	CTC p. 14-22 NSDUH p.328 NHSTA p.xiv	NSDUH #YE16 NHSTA #19-20
Additional Tobacco Questions	<a href="#">NYTS 2012</a>	All	All

Sources

YRBS 2015:

- ✓ Youth Risk Behavior Survey 2015
- ✓ School-based survey
- ✓ 9<sup>th</sup>-12<sup>th</sup> graders
- ✓ Covers many aspects of health including nutrition, physical activity, safety, and sexual behavior

NSDUH 2013:

- ✓ National Survey on Drug Use and Health 2013
- ✓ For adults and adolescents
- ✓ Adolescent sections assess substance use, mental health, and family and school environment

NHTSA Youth Questionnaire for Underage Drinking:

- ✓ National Highway Traffic Safety Administration Youth Questionnaire on Underage Drinking
- ✓ Questions specifically for youth under 21 about alcohol use, purchase, and perception

NOMs 2008:

- ✓ National Outcome Measures 2008
- ✓ Administered to students ages 12-17
- ✓ Asks students about their experience with and opinions about substance use

NYTS 2012:

- ✓ National Youth Tobacco Survey 2012
- ✓ 6<sup>th</sup>-12<sup>th</sup> graders
- ✓ Questions about tobacco-related beliefs, attitudes, and behaviors
- ✓ Also measures minors' demographics, access to tobacco, and exposure to second-hand smoke